

Vision:

Together for Childhood (TFC) Plymouth strives to create a shared objective to **prevent child sexual abuse**. The ambition of system change will create sustainable activity which enables a greater focus on primary and secondary prevention whilst ensuring children and families who require support after abuse (tertiary prevention) are able to receive this in a timely way.

Approach:

Together for Childhood (TFC) Plymouth uses the Child Sexual Abuse Prevention Matrix, underpinned by Eck's theory of crime and a public health approach to support planning and delivery of work. All activity is delivered in accordance with a set of 6 design principles; co-creation, inclusivity and accessibility, continuous learning, sustainability, in partnership and strengths based. TFC Plymouth outcomes and activities are designed based on a high level Theory of Change which utilises an evidence based approach. TFC Plymouth uses the Research in Practice evidence triangle to ensure all work is underpinned by academic research, practice wisdom and lived experience. Specific focus has been provided to one neighbourhood as a pilot site for community engagement and co-creation but activity delivery is offered across the City. TFC Plymouth is a test and learn site and aims to support the development of an evidence base on how child sexual abuse can be prevented.

The partnership:

In order to achieve the vision, Together for Childhood (TFC) Plymouth has a local governance structure which includes a broad range of local partners. and organisations. The role of the Governance Board is to be assured of progress around the vision and provide strategic oversight including opportunities for sustainability and unblocking of challenges. At the beginning of 2020/21 there were 35 active partners engaged in planning and delivery of TFC. The NSPCC provides the backbone support function and additional delivery capacity for therapeutic services and prevention activity. TFC Plymouth is increasingly becoming embedded in Plymouth partnerships including Safer Plymouth, Plymouth Safeguarding Children's Partnership and the Early Help Board.

The programme:

Together for Childhood (TFC) Plymouth plans and delivers work through 5 Building Blocks (workstreams) with each responsible for a project plan and activity delivery through a multi-agency development group: Healthy Relationships (RSE), Community Engagement, Trauma Informed System, Public Health Messaging, Preventing Offending and Harmful Sexual Behaviour. The NSPCC backbone support provides programme oversight enabling collaboration and increased opportunity for cross partnership working to facilitate sustainability and increased alignment of activity.

Evaluation:

The model of evaluation we have adopted for Together for Childhood (TFC) is more developmental and iterative than traditional evaluation models and has a significant focus on implementation in addition to outcomes.. There are 3 main elements to the evaluation of TFC; a **process/implementation evaluation**, a bespoke programme of **local evaluation**, an **outcomes evaluation**.

Dissemination – A key aim of the evaluation of TFC is to feedback learning and evidence from the evaluation quickly to help inform the development of the initiative at a local level. We also feedback nationally to inform policy and the strategic direction of the NSPCC. Finally, we share findings and methodological insights nationally to contribute to the wider evidence base around place based initiatives.

Key
Outcomes

Children and Families know about Healthy Relationships and what Sexual Abuse is

Children and Families know where to access support/ services if they are concerned about a child

Children and Families take action if they are concerned about sexual abuse

Community members know what sexual abuse is and recognise sexual abuse can be prevented

More sexual abuses services that are evidence based are available for families and children, those with harmful sexual behaviour and offenders to prevent them reoffending and for those at risk of reoffending

Health, public services and voluntary sector work together in a co-ordinated, evidence based way to help prevent sexual abuse

Community members respond appropriately if they have concerns relating to sexual abuse about a family/child

Professionals who work with children are more confident in identifying, addressing and preventing sexual abuse

Building
BlocksHealthy
RelationshipsCommunity
EngagementTrauma Informed
SystemPublic Health
MessagingPreventing
Offending & HSBWhat has
been
done in
2020/21?

HR.01
(some issues)
Quality Assured delivery of RSE

HR.02
(some issues)
Promoting Online Safety eg: InCtrl

HR.03
(Not started)
SEND – increase knowledge, resources and guidance

HR.04
(some issues)
Delivery of early help and targeted support

CE.01
(on track)
Asset based community development

CE.02
(on track)
Professional network

CE.03
(on track)
Community knowledge and training

CE.04
(not started)
Contextual safeguarding

TIS.01
(on track)
Trauma informed City

TIS.02
(not started)
Align pathway and thresholds for tertiary support

TIS.03
(not started)
Ensure sufficiency of evidence based provision for children and families

TIS.04
(not started)
Scope CSA Hub need and requirements

Contextual safeguarding

PHM.01
(on track)
PANTS

PHM.02
(some issues)
Healthy Relationships campaign Phase 1

PHM.03
(significant delay)
Healthy Relationships campaign Phase 2

POHSB.01 (on track)
Understanding HSB

POHSB.02 (on track)
Peer to Peer relationships



















POHSB.03 (on track)
Support for Adults who sexually harm

POHSB.04 (on track)
Support for children who engage in developmentally inappropriate sexual behaviour

POHSB.05 (on track)
Support for communities

Together for Childhood Plymouth – review 2020–21

REACH:

Healthy Relationships	Community Engagement	Trauma Informed System	Public Health Campaign	Preventing Offending & HSB	Total people reached
 22 Number of children reached year to date	 205 Number of children reached year to date	 172 Number of children reached year to date	 3557 Number of children reached year to date	 140 Number of children reached year to date	 3873 Number of children reached year to date
 84 Number of adults reached year to date	 1233 Number of adults reached year to date	 337 Number of adults reached year to date	 3516 Number of adults reached year to date	 1628 Number of adults reached year to date	 5170 Number of adults reached year to date
 162 Number of professionals reached year to date	 301 Number of professionals reached year to date	 509 Number of professionals reached year to date	 35 Number of professionals reached year to date	 115 Number of professionals reached year to date	 1115 Number of professionals reached year to date
Healthy Relationships	Community Engagement	Trauma Informed System	Public Health Campaign	Preventing Offending	Generic work
Highlights: <ul style="list-style-type: none"> Confidence in Delivery of RSE webinar co-created with partners viewed by 102 Pupil voice embedded in Brook Green School. InCtrl Service implemented in Plymouth 	Highlights: <ul style="list-style-type: none"> Implementation of Community Potential funded by lottery and completion of one SUSTAIN group SALTIT professional delivery of workshops has led to a more strategic discussion about workforce development plan for CSA in the City 19 children and 25 adults, along with other attendees, engaged in Christmas bauble event with St Aidans 215 families received summer care packages 	Highlights: <ul style="list-style-type: none"> Network growth to over 230 members TFC being awarded £71,000 to support trauma work development Trauma Informed Plymouth Kindness Charter developed 123 professionals trained in Sharing the Brain Story (STBS) 	Highlights: <ul style="list-style-type: none"> Pantosaurus Plod PANTS Information packs PANTS activity including delivery of packs to children's centres and other partners enabled us to continue city wide reach through this campaign Photo Diaries project launched 	Highlights: <ul style="list-style-type: none"> 1080 participants to Preventing Offending and Harmful Sexual Behaviour conference Successful completion of HSB audit for the city, culminating in a planned implementation 2021/22. Successful launch of Young Voices campaign (Marine Academy Plymouth). HSB audit for Plymouth Samworth Foundation Year 3 grant released 	Equality, diversity and trauma informed assessments undertaken for 4 key activities

Bringing families and local partners together to make the community a safer place for children

To find out more visit
nspcc.org.uk/togetherforchildhood

Strategic Achievements:



Successful Partnership bid to Home Office/NSPCC to increase local CSA recovery offer



45 Increase in active partnership from 35 in 19/20 to 45 in 20/21



Strategic commitment from PCC for TFC to host Trauma Network coordinator



TFC activity embedded in Safer Plymouth DASV



Influencing geographical system responses to CSA (including Serious Violence strategy and STP Whole system for Whole Peoples' research project)



Utilised NSPCC 'It's Your Call' campaign reaching over 500 adults



CSA workforce development matrix approved for progression to design



Influencing Plymouth SHiP service with knowledge exchange and evidence

Co-creation:

Throughout 20/21 and the global pandemic TFC Plymouth has continued to support community leaders and members with their priorities. TFC team members supported delivery of food parcels and worked in partnership with PCH and Barnardo's to deliver 2 sets of care packages for families. This work enabled us to reach new community members and let them know we are still here and that safeguarding is still a priority.

Within our work we were able to promote access to early help and lead the communication and planning for city-wide activity including the Domestic Abuse 16 days of action and Sexual Abuse and Sexual Violence Week. The TFC online presence has increased with 191 Facebook page members and 501 Twitter followers. Overall our relationships with community members developed since October 2018 were testament to the ability to continue working with the community during this period.

Mindfulness colouring packs distributed to Ernesettle community members with plans to offer adult education with partners in 21/22



PANTS Advent

Create a Healthy Relationships booklet for future Year 5 families



Christmas event: over 50 baubles decorated for a tree at St Aiden's Church



A virtual Teddy Bear Story time with Ernesettle in partnership with Barnardo's and NSPCC



This project aims to provide fulfilling, enriching educational experiences for children whilst completing their daily exercise

EVALUATION

Process/implementation evaluation

The aim is to understand the implementation of Together for Childhood (TFC) from the perspective of key stakeholders and the local context in which TFC is being developed. Findings will be fed back throughout the lifetime of the project both nationally and locally and to partners, stakeholders and communities to inform the development and direction of TFC. Twelve interviews with key TFC partners were carried out in January 2021 for the second phase of the process evaluation, which has a focus on the TFC design principles. Findings will be shared in summer 2021

Local evaluation

With various TFC activities and programmes being developed locally, our aim is to provide evidence to inform their development, understand how they contribute to the overall impact of TFC, explore local programme specific outcomes and understand lived experiences. This knowledge is shared with the Young Voices project team to inform activity development, and year 2 of the evaluation is underway. Evaluation to help us understand what changes for individuals who take part in SUSTAIN groups has also started for the **Community Potential Programme**.



Marine Academy took part in focus groups to tell us about their experience of being part of the Young Voices project



Staff told us about a range of positive outcomes for the students and the school and their ambition to take forward more peer to peer projects



Young people told us that they really valued being part of the group, understand their own relationships better and made friends learnt new practical and social skills, and felt that being part of the project had given them a voice

Young people comments:

“I hope people will be more like open to talk about their issues with people instead of staying so like closed up about it”

“It sort of was just like a place I could go to if I had any problems”

“People I wouldn’t speak to as much in school I spoke to a lot more doing this and I got closer to them because of it”

Staff comments:

It made it okay to sort of admit that something’s gone on and get the help that they need for it and to recognise that actually that isn’t what most people are doing...it was nice for them to have a forum where they could talk honestly and get the truth

I feel that we have got a lot from it as a school, so I just wanted to say thank you really for that. It was a really great workshop and project to be part of

EVALUATION

Outcomes evaluation: We have developed a set of high level outcomes that guide evaluation in the TFC areas and are set out in overarching Theories of Change (ToC). The outcomes are being measured at key intervals during the programme using standardised measures, bespoke survey data and collection of administrative data. Outcomes evaluation completed in the past year include:

Knowledge, Attitudes & Behaviour Survey or KAB-P (Professional Outcomes)

This survey measures our TFC outcome that *professionals who work with children are more confident in identifying, addressing and preventing abuse*. Baseline data involved **56 professionals who work with children and young people in Ernesettle**. They helped us to understand what professionals know about child abuse, what they currently do to safeguard children, if there are any barriers that make engaging in TFC difficult and if they have the confidence in themselves and their organization to take action when required. This understanding is helping to develop a child sexual abuse workforce development plan. To look at the impact of TFC we will repeat the survey in 2024.



37% not heard of Together for Childhood



Key barriers identified as making it difficult for professionals to take action were, not having the correct materials, lack of training and not having the opportunity



80% agreed or strongly agreed that child sexual abuse could be prevented



Professionals are mainly confident that they understand different forms of child sexual abuse but they are less sure about what constitutes interfamilial abuse and peer-to-peer abuse



Most professionals felt supported by their organisation to recognise and respond to signs of abuse, but some felt they had not received sufficient training in sexual abuse prevention or trauma informed approaches

Community Capacity Survey or C3 (System Outcomes)

In its 3rd year, the C3 survey helps us to understand how partners are working together and will enable us to track how the “system” and the partnership changes over time. This will help us evidence one of our systems outcomes that *health, public services and voluntary sector work together in a co-ordinated, evidenced based way to help prevent abuse*.



Partners agreed there was a clear Theory of Change and local expertise to use research and data for decision making.



People in Ernesettle are seen to actively participate in TFC but there was less agreement that leadership opportunities are made available to people in the community



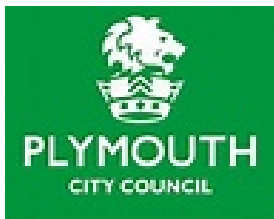
Compared to our baseline survey, there were notable increases in agreement that TFC create effective programmes and practices, raise local awareness and build political will, and engage people in Ernesettle to change community norms related to preventing child sexual abuse



The lowest levels of agreement were reported for items related to TFC having enough volunteers (28%) and funding (36%) to sustain operations.


Most Significant Change or MSC: MSC is a relatively new method based on a qualitative, participatory approach, and involves the generation of significant change stories by various stakeholders/community members etc involved in TFC. We believe it has the potential to help us to understand the impacts of TFC that have the most significant effects on the lives of the people involved – as described by our partners/communities themselves. This evaluation began in Plymouth in February 2021.

The Together for Childhood Plymouth Partnership



Together for Childhood Plymouth is bringing families and local partners together to prevent child sexual abuse, making our communities safer places for children.

Find out more, visit:

-  nspcc.org.uk/together
-  @TFCPlymouth
-  Together for Childhood Plymouth (Ernesettle)